

# Agenda

## FREMONT SENIOR CITIZENS COMMISSION

### REGULAR MEETING

Friday, June 26, 2020

9:30 – 11:00 am

Pursuant to State of California Executive Order N-29-20 dated March 17, 2020, regarding the COVID-19 pandemic, the Senior Center will not be open for the June 26, 2020 meeting of the Senior Citizens Commission. The meeting will be conducted remotely via video/teleconference. The Public may watch and/or participate in the public meeting by joining the meeting through the ZOOM Meeting Videoconference link provided below. The public may also join the meeting by calling the below listed teleconference phone number. Further instructions on how to make public comments throughout the videoconference or teleconference will be provided at the [SENIORCENTER@FREMONT.GOV](mailto:SENIORCENTER@FREMONT.GOV).

**HOW TO JOIN MAKE A PUBLIC COMMENT ONLINE OR BY PHONE:** The meeting will begin at 9:30 a.m. Whether you participate online or by phone, you may wish to "arrive" early so that you can address any technology questions prior to the start of the meeting.

**ONLINE:** <https://zoom.us/j/91478067115?pwd=cGFsc1FLVitGZy8rZVUxYjFKR3BRUT09>  
Password: 131367

When prompted, download and run the software on your computer. If you have not used ZOOM Meetings on your computer before you may want to join the call 15 minutes early to test your configuration. Someone will be in the conference at that time to help you.

**BY PHONE:** iPhone one-tap : US: +16699009128,,91478067115#,1#,131367# or  
+13462487799,,91478067115#,1#,131367#

OR

Telephone: Dial: US: +1 669 900 9128  
Webinar ID: 914 7806 7115  
Password: 131367

*If you are an individual with a disability and need a reasonable modification or accommodation pursuant to the Americans with Disabilities Act ("ADA"), please contact the Human Services Department at 510-574-2050 at least 48 hours prior to this meeting for assistance.*

*For information on current agenda items please contact the Human Services Department at (510) 574-2050.*

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## FREMONT SENIOR CITIZENS COMMISSION

### REGULAR MEETING

Friday, June 26, 2020

9:30 – 11:00 am

1. **CALL TO ORDER**
2. **ROLL CALL**
3. **SALUTE TO THE FLAG**
4. **APPROVAL OF MINUTES** of the Regular Meeting of May 22, 2020
5. **ORAL COMMUNICATIONS**
6. **WRITTEN COMMUNICATIONS**

#### **6.1 RESIGNATION OF COMMISSIONER JUDITH SCHNEIDER**

The email comments submitted shall become part of the record of the Commission meeting.

#### **7. OLD BUSINESS**

##### **7.1 SPRING FLING UPDATE – Karen Grimsich, AFS**

**BACKGROUND:** The Spring Fling (2020 Garden Party) was scheduled to be held on Friday, May 29, 2020 at Shinn Historical Park and Arboretum on Peralta Blvd in Fremont. Due to the Shelter-In-Place order from Alameda County, it has been decided to cancel the original event, and in its place, do an **UnEvent for Spring Fling**. This event will still be a fundraiser for the PUN (Personal Urgent Need) fund that support older adults. Invitations will still be

sent out, but there will not be an actual event. It is still our only fundraiser for the PUN fund.

The Spring Fling event had a new Difference Maker award presentation honoring older adults, nominated by the Senior Commissions of Fremont, Newark and Union City.

**RECOMMENDATION:** To share the announcement of the local Difference Makers with the City of Fremont's Senior Commission.

## 8. NEW BUSINESS

### 8.1 **LIFE ELDERCARE** – Deepa Chordiva, Outreach Manager, LIFE ElderCare

**BACKGROUND:** Deepa Chordiya is Outreach Manager for LIFE ElderCare, a local non-profit that provides free services, support, and resources to help seniors age at home. Prior to this, she managed PR & social media for a cybersecurity company as well as marketing communications for an audio-visual equipment manufacturer. She grew up in Canada and holds a PhD in English Literature from the University of Toronto.

Founded in 1975, LIFE ElderCare's mission is to empower the aging to live with independence *and* interdependence by nourishing mind, body, and spirit. LIFE uses a whole-person, wrap-around approach to identify the needs of clients - for food, transportation, socialization, strength, coordinated care - and connect them with appropriate resources based on their short and long-term goals. The COVID-19 crisis has changed the way LIFE delivers services but not the mission; and they are working to ensure that seniors continue to have access to healthy food, fresh groceries, and essentials; and remain connected to community.

Three main areas will be covered. It will then be opened up for a discussion about collaboration:

1. Brief overview of LIFE ElderCare & "one-door" approach
2. COVID-19 food assistance - Meals on Wheels & new food bank delivery program
3. How LIFE has adapted other programs; challenges and limitations during COVID-19
4. How LIFE can work more closely with Senior Commissioners / COF to reach and serve all elders that need assistance during this time.

**RECOMMENDATION:**

- That the commissioners get the opportunity to learn what LIFE ElderCare does and how their services have changed during the shelter-in-place order due to Covid-19.
- That the commissioners have an opportunity to see if there is any way they can partner with LIFE ElderCare
- For the commissioners to have the opportunity to get questions answered.

**8.2 World Health Organization (WHO) and AARP Age-Friendly Action Plan Draft – Karen Grimsich, Administrator**

**BACKGROUND:** The City of Fremont was accepted into the World Health Organization’s Age-Friendly Network on February 2017. To gather community input, 34 focus groups 2 Community Meetings were held to gather information on the Age-Friendly domain areas: Health and Wellness, Outdoor Spaces and Buildings, Transportation, Social Participation and Inclusion, Volunteering and Civic Engagement, Community Information, Employment and Learning Opportunities, Housing and Dementia-related Support. This information has been organized into an Action Plan.

**RECOMMENDATION:** Provide the first draft of the Action Plan to the Commissioners for their review and input. To begin discussions on the Commission’s role in promoting and monitoring the Action Plan. Lastly, to identify 3-4 commission members to approve the final version of the Age - Friendly Action plan over the summer recess.

**8.3 Senior Citizens Commission Code Review – Commissioner Yamasaki**

**BACKGROUND:** The Senior Citizens Commission has been operating on long-standing processes, which have served the commission and the city well, but with emerging efforts and challenges, such as the Age-Friendly Action Plan and the Covid -19 pandemic that have impacted our senior community, it may be time to review our mission and purpose.

**RECOMMENDATION:** The commissioners review the Municipal Code authorizing the Commission and how it relates to how the Commission’s

purpose is presented on the City's website and in context with the current environment.

***Attachments:***

- *Letter from Commissioner Yamasaki*
- *Municipal Code*
- *Senior Citizens Commission Purpose as stated on the City website*

**9. COMMISSION REPORTS**

**9.1 Health Issues** – Commissioner Helton

**9.3 Planning Commission Committee** – Commissioner Schneider

**9.4 Senior Legislation** – Commissioner Desai

**9.5 Tri-City Elder Coalition** – Commissioner Young

**10. COMMISSION REFERRALS**

None

**11. STAFF REPORTS**

**11.1 Aging and Family Services** – Karen Grimsich, Administrator AFS

**11.2 Senior Center** – Aisha Jasper, Senior Center Manager

**12. COMMISSION COMMENTS**

**ADJOURNMENT**