

NEWS BRIEFS

April 26, 2019

FOR IMMEDIATE RELEASE

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Bike to Work Day is May 9

Thursday, May 9, marks the Bay Area’s 25th Bike to Work Day, an annual celebration to encourage bicycling as a healthy and enjoyable form of transportation to work. The event is part of National Bike Month.

Many Bay Area residents live close to their workplace, and this would be an ideal time to consider bicycling to work. Energizer Stations will be located along local bike commute routes in all nine Bay Area counties to provide free beverages, snacks, and encouragement to bicyclists. Fremont will be hosting six Energizer Stations. Stop by with your bike and visit any of these Energizer Stations in Fremont for a free Bike to Work Day bag and refreshments:



Host	Location	Address	Time
CentriPEDAL Bikes	ACE Train Station	37260 Fremont Blvd	6:30 – 9:00 am
City of Fremont / Washington Hospital	Fremont BART Station	2000 Bart Way	7:00 – 9:00 am
Western Digital & Tesla Manufacturing	Warm Springs BART Station	45193 Warm Springs Blvd	7:00 – 9:00 am
Kaiser Permanente	Kaiser Permanente	Paseo Padre Pkwy & Walnut Ave	7:00 – 9:00 am
Tesla Factory	Tesla Factory	45500 Fremont Blvd	7:00 – 9:00 am
Club Sport / Bay Club Team	ClubSport Fremont	46650 Landing Parkway	7:00 – 9:00 am

Kids 'n' Kites Festival 2019

Recreation Services will be hosting the annual Kids 'n' Kites Festival at Central Park on Saturday, May 18 from 10 a.m. to 3 p.m. Sponsored by Washington Township Medical Foundation, Fremont Bank, and Unitek Foundation, the event is free and will hand out more than 4,000 free kites for kids. In addition, there will be live entertainment, interactive booths highlighting summer programs, jump houses, food, and more for the whole family to enjoy. Learn more at www.Fremont.gov/KiteFestival.



Aqua Adventure Waterpark Sneak Peek Event

Experience a sneak peek of summer at Fremont's Aqua Adventure Waterpark on Saturday, May 18 from 2 p.m. to 5 p.m. This family-friendly waterpark features a 700-foot lazy river, bucket bay play area, splash zone, oasis pool, and 40-foot waterslides. The waterpark will open for the 2019 season starting May 25. Don't forget to pack sunscreen and sunglasses for a splashing fun time. For information about tickets, season passes, cabana rentals, birthday packages, and more, visit <https://GoAquaAdventure.com>.

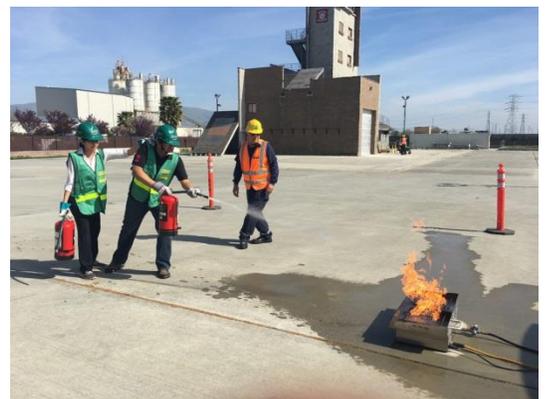


Fremont Fire Offering Free Classes for Disaster Preparedness and Emergency Response

The Fremont Fire Department has been training Fremont community members to respond to emergencies such as earthquakes, fires, and floods for the past 15 years. This year is no exception. To prepare for emergencies on a household level, residents can take the free **Personal Emergency Preparedness (PEP)** class to learn how to take care of themselves and their families before, during, and after a disaster.

This three-hour class will offer training in gas, electric, and water shut-off, hazardous material awareness, smoke detector placement, sheltering in-place, and more. PEP classes at the Fremont Fire Administration Office, located at 3300 Capitol Ave. (behind the building), are held from 7 p.m. to 10 p.m. and are offered on:

- Wednesday, May 22
- Tuesday, July 16



- Tuesday, October 15
- Monday, November 18

In addition, a PEP class at the Fremont Fire Training Tower, located on 7200 Stevenson Blvd. (West end), will be held from 9 a.m. to 12 p.m. on Saturday, August 17.

If residents are interested in making a broader impact by helping the Fire Department serve the community, they can join the **Community Emergency Response Team (CERT) program**. This program consists of three free classes of the skills residents need to assist themselves, their families, neighbors, and the Fire Department in the event of an emergency.

In CERT classes, participants will get detailed “hands-on” training in:

- Hazardous Material Recognition
- Building Damage Assessment
- Small Fire Fighting
- Search and Rescue
- First Aid / Triage
- Lifting heavy objects off trapped persons
- Lifting and moving injured people
- Incident Command System and Disaster Communications

Anyone interested in taking a CERT class must first attend a Personal Emergency Preparedness (PEP) class. CERT classes will be held at the Fremont Fire Training Tower on the following dates:

- CERT Class Series II
 - Class 1: Friday, July 19 at 7 p.m. to 10 p.m.
 - Class 2: Saturday, July 20 at 8 a.m. to 5 p.m.
 - Class 3: Sunday, July 21 at 8 a.m. to 5 p.m.
- CERT Class Series III
 - Class 1: Friday, October 11 at 7 p.m. to 10 p.m.
 - Class 2: Saturday, October 12 at 8 a.m. to 5 p.m.
 - Class 3: Sunday, October 13 at 8 a.m. to 5 p.m.

To register for a PEP or CERT class, please call 510-494-4244 or email FirePubEd@fremont.gov.

If your group would like to schedule your own personal group PEP class at your location, contact Chuck Guaraglia, Public Education, Fremont Fire Dept., at 510-792-3473 or guaraglia@comcast.net.

Fremont Recreation Services' 2019 Summer Camps

Explore the possibilities this summer! Recreation Services offers hundreds of camps with a variety of activities at multiple locations. Whether your child is a hacker in training, the next top chef, an arts enthusiast, or an athlete, we've got something for everyone! Camps run from June 17 through August 27 with full-day, half-day, and extended-care options. Learn more at www.RegeRec.com or call 510-494-4300.

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