

CalFresh Application Assistance

For those who need money to buy groceries



Fremont Family Resource Center

Application Assistance

Effective October 2019

Call

510.574.2000

to set up your appointment
at either location:

FREMONT FAMILY RESOURCE CENTER

39155 Liberty St.,
Suite #A110
Fremont, CA

UNION CITY FAMILY CENTER

At Barnard White
Middle School
725 Whipple Road
Union City, CA

You can also apply online
or by phone.
See other side.

The FRC is an equal opportunity
provider and employer.

If you are working or unemployed, have low or no income,
you and your family may qualify for CalFresh benefits!

SSI recipients: you can now apply to CalFresh as well.

Minimum Requirements for CalFresh

- Have at least one U.S. citizen or legal permanent resident in your household.
- Meet the Gross Monthly Income Limit on other side.
- If you meet these minimum requirements, apply to CalFresh. There are many other requirements the County will consider to determine your eligibility.

Bring these Documents to your Appointment

- I.D. card - any type is okay
- Social Security Number for those in household who have one
- Birth certificates for children living in the household
- Bank Account Statements (checking and/or savings)
- Proof of Income (check stubs or letter from employer)
- Proof of Expenses (rent, utilities, medical, child care or support)

CalFresh Food - Gross Income Limit

200% of Poverty Level

October 1, 2019 - September 30, 2020

Household Size	Gross Monthly Income
1	\$2,082
2	\$2,820
3	\$3,556
4	\$4,292
5	\$5,030
6	\$5,766
7	\$6,502
8	\$7,240
For each additional household member add:	+ \$738

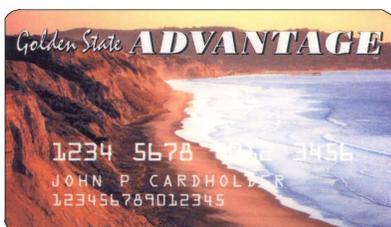
Gross Monthly Income includes all income sources for all household members (e.g. salary and wages, unemployment benefits, disability benefits, child support, spousal support, etc.).

If your household has at least one person who is **age 60 or older, or who has a disability**, your income can be over the amounts listed in the chart. A few exceptions to these new guidelines apply.

The numbers in this chart are based on the number of legal residents in the household. If your household contains both legal and undocumented residents, please call us so we can calculate the modified income for your household and compare to the chart.

Other Ways to Apply to CalFresh Food:

1. Apply online at www.MyBenefitsCalwin.org (includes Medi-Cal & Cash Assistance too).
2. Apply over the phone: call the Alameda County Community Food Bank at 1-800-870-3663 or 510-635-3663.
3. Apply in person: pick up a paper application at Social Services at the Fremont FRC, 39155 Liberty St, Suite C330. Hours are Monday-Friday, 8am-5pm.



CalFresh benefit comes in the form of a debit card which is discreet and easy to use. Every month your benefit is automatically loaded onto your card. Just take it to the grocery store and use it to buy food!