Agenda

FREMONT SENIOR CITIZENS COMMISSION

REGULAR MEETING

Friday, February 26, 2021
9:30 – 11:00 am

Pursuant to State of California Executive Order N-29-20 dated March 17, 2020, regarding the COVID-19 pandemic, the Age Well Center at Lake Elizabeth will not be open for the February 26, 2021 meeting of the Senior Citizens Commission. The meeting will be conducted remotely via video/teleconference. The Public may watch and/or participate in the public meeting by joining the meeting through the ZOOM Meeting Videoconference link provided below. The public may also join the meeting by calling the below listed teleconference phone number. Further instructions on how to make public comments throughout the videoconference or teleconference will be provided at FREMONT.GOV/AGEWELLCENTERS.

HOW TO JOIN MAKE A PUBLIC COMMENT ONLINE OR BY PHONE: The meeting will begin at 9:30 a.m. Whether you participate online or by phone, you may wish to "arrive" early so that you can address any technology questions prior to the start of the meeting.

ONLINE: https://zoom.us/j/91478067115?pwd=cGFsc1FLVitGZy8rZVUxYjFKR3BRUT09
Password: 131367

When prompted, download and run the software on your computer. If you have not used ZOOM Meetings on your computer before you may want to join the call 15 minutes early to test your configuration. Someone will be in the conference at that time to help you.

BY PHONE: iPhone one-tap: US: +16699009128,,91478067115#,,1#,131367# or +13462487799,,91478067115#,,1#,131367#
OR

Telephone: Dial: US: +1 669 900 9128
Webinar ID: 914 7806 7115
Password: 131367

If you are an individual with a disability and need a reasonable modification or accommodation pursuant to the Americans with Disabilities Act (“ADA”), please contact the Human Services Department at 510-574-2050 at least 48 hours prior to this meeting for assistance.

For information on current agenda items please contact the Human Services Department at (510) 574-2050.
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REGULAR MEETING

Friday, February 26, 2021
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1. CALL TO ORDER

2. ROLL CALL

3. SALUTE TO THE FLAG

4. APPROVAL OF MINUTES of the Regular Meeting of January 22, 2021

5. ORAL COMMUNICATIONS

6. WRITTEN COMMUNICATIONS
   • Senior Citizens Commission – CONFIDENTIAL
   • Senior Citizens Commission Roster
   • Age-Friendly Fremont Newsletter – Emailed on February 1, 2021

7. OLD BUSINESS
   7.1 AGE-FRIENDLY ACTION PLAN – HEALTH AND WELLNESS
       Karen Grimsich, Administrator

BACKGROUND: The City of Fremont belongs to the World Health Organization’s Age-Friendly Network. This worldwide network is organized into age-friendly domain areas, which in Fremont are: Health and Wellness, Outdoor Spaces and Buildings, Transportation, Social Participation and Inclusion, Volunteering and Civic Engagement, Community Information, Employment and Learning Opportunities, Housing and Dementia-related
Support. Information from the Fremont community in each domain area has been organized into an Age Friendly Action Plan.

Now that the Age-Friendly Action Plan has been finalized, the Senior Citizens Commission will review one domain each meeting. This month they will be reviewing the Health and Wellness Domain.

**RECOMMENDATION:** That the commission have the opportunity to review and discuss in more detail the Health and Wellness Domain.

*Encl: City of Fremont Age Friendly Action Plan*

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### 8. NEW BUSINESS

#### 8.1 NEW COMMISSIONER, MONIQUE CHAPMAN,

Chair, Commissioner Young

**BACKGROUND:** Commissioner Monique Chapman was appointed to the Senior Citizens Commission by Mayor Lei on Tuesday, February 2, 2021.

**RECOMMENDATION:** That Commissioner Chapman have the opportunity to introduce herself to the commissioners and staff. That the commissioners and staff have the opportunity to introduce themselves to Commissioner Chapman.

#### 8.2 SENIOR CITIZENS COMMISSION CODE AND BROCHURE REVIEW – Commissioner Yamaski

**BACKGROUND:** The Senior Citizens Commission has been operating on long-standing processes, which have served the commission and the city well. With emerging efforts and challenges, such as the Age-Friendly Action Plan and the Covid-19 pandemic the commission has decided it may be time to review our mission and purpose.

At the June 25, 2020 meeting a work-group was appointed to create a mission statement for the Senior Citizens Commission. The workgroup consists of Commissioners Yamaski, Hoyne, Yee and Young.
RECOMMENDATION: That the commissioners review the brochure and discuss updating the City Ordinance.

Encl: Brochure Draft

8.3 APPROVE INTEREST AREAS 2021– Chair, Commissioner Young

BACKGROUND: The Commission has Interest Areas that focus the Commission’s discussion on topics relevant to the older adult community. Commissioners sign up on an annual basis to be point people in the different interest areas.

At the January 22, 2021 meeting, changes were made to the 2020 document.

RECOMMENDATION: Review the updated 2021 areas. Approve the document for 2021

Encl: Interest Areas 2021-Updated January 2021

8.4 RIDE-ON TRI-CITY! TRANSPORTATION SERVICES PROGRAM UPDATE - Shawn Fong

BACKGROUND: The Ride-On Tri-City! Program provides affordable, accessible and reliable transportation services for older adults and persons with disabilities in the Tri-City area. Staff will provide an overview of the main components: Ride-On Helpline, Travel Training and Transportation Services. Staff will present the framework of the FY20/21 transportation services plan and include an overview of the wheelchair accessible van (WAV) service, taxi service and ride-hailing service with transportation network companies.

RECOMMENDATION: Receive information on the Ride-On Tri-City! services and how the program has responded during the COVID-19 pandemic. Approve the Ride-On Tri-City! program framework that will be submitted in the FY21/22 paratransit program application to the Alameda County Transportation Commission.
8.5 COVID-19 VACCINATION UPDATE - Shawn Fong

BACKGROUND: The Commission had expressed an interest in what mechanisms exist to help older adults access information on COVID-19 vaccinations and assist with scheduling appointments for vaccines.

RECOMMENDATION: Receive information on COVID-19 vaccine availability and how to make referrals for seniors needing assistance with scheduling vaccine appointments and transportation needed to and from vaccine distribution sites.

9. COMMISSION REPORTS
   • No Reports

10. COMMISSION REFERRALS
    None

11. STAFF REPORTS
    11.1 Aging and Family Services – Karen Grimsich, Administrator AFS
    11.2 Senior Center – Aisha Jasper, Senior Center

12. COMMISSION COMMENTS

Adjournment