Pursuant to State of California Executive Order N-29-20 dated March 17, 2020, regarding the COVID-19 pandemic, the Age Well Center at Lake Elizabeth will not be open for the May 28, 2021 meeting of the Senior Citizens Commission. The meeting will be conducted remotely via video/teleconference. The Public may watch and/or participate in the public meeting by joining the meeting through the ZOOM Meeting Videoconference link provided below. The public may also join the meeting by calling the below listed teleconference phone number. Further instructions on how to make public comments throughout the videoconference or teleconference will be provided at FREMONT.GOV/AGEWELLCENTERS.

HOW TO JOIN MAKE A PUBLIC COMMENT ONLINE OR BY PHONE: The meeting will begin at 9:30 a.m. Whether you participate online or by phone, you may wish to "arrive" early so that you can address any technology questions prior to the start of the meeting.

ONLINE: https://zoom.us/j/97925659881

When prompted, download and run the software on your computer. If you have not used ZOOM Meetings on your computer before you may want to join the call 15 minutes early to test your configuration. Someone will be in the conference at that time to help you.

BY PHONE: iPhone one-tap : US: +16699009128,,97925659881# or +13462487799,,97925659881# OR

Telephone: Dial: +1 669 900 9128 or +1 346 248 7799 or +1 253 215 8782 or +1 301 715 8592 or +1 312 626 6799 or +1 646 558 8656

Webinar ID: 979 2565 9881

If you are an individual with a disability and need a reasonable modification or accommodation pursuant to the Americans with Disabilities Act (“ADA”), please contact the Human Services Department at 510-574-2050 at least 48 hours prior to this meeting for assistance.

For information on current agenda items please contact the Human Services Department at (510) 574-2050.
Agenda

FREMONT SENIOR CITIZENS COMMISSION

REGULAR MEETING

Friday, May 28, 2021
9:30 – 11:00 am

1. CALL TO ORDER

2. ROLL CALL

3. SALUTE TO THE FLAG

4. APPROVAL OF MINUTES of the Regular Meeting of April 23, 2021

5. ORAL COMMUNICATIONS
   None

6. WRITTEN COMMUNICATIONS
   • Age-Friendly Fremont, May 2021
     o Emailed and mailed on May 1, 2021

7. OLD BUSINESS
7.1 AGE-FRIENDLY ACTION PLAN – Social Participation and Inclusion
   Karen Grimsich, AFS Administrator

   BACKGROUND: The City of Fremont belongs to the World Health Organization’s Age-Friendly Network. This worldwide network is organized into age-friendly domain areas, which in Fremont are: Health and Wellness, Outdoor Spaces and Buildings, Transportation, Social Participation and Inclusion, Volunteering and Civic Engagement, Community Information, Employment and Learning Opportunities, Housing and Dementia-related Support. Information
from the Fremont community in each domain area has been organized into an Age Friendly Action Plan.

Now that the Age-Friendly Action Plan has been finalized, the Senior Citizens Commission will review one domain each meeting. This month they will be reviewing the Social Participation and Inclusion domain.

RECOMMENDATION: That the commission have the opportunity to review and discuss in more detail the Social Participation and Inclusion domain.

Encl: City of Fremont Age Friendly Action Plan, Page 9

7.2 THE SENIOR COMMISSION ORDINANCE
Commissioner Yamasaki and Karen Grimsich, AFS Administrator

BACKGROUND: The Senior Citizens Commission has been operating on long-standing processes, which have served the commission and the city well. With emerging efforts and challenges, such as the Age-Friendly Action Plan and the Covid-19 pandemic the commission has decided it may be time to review our mission and purpose.

At the June 25, 2020 meeting a workgroup was appointed to create a mission statement for the Senior Citizens Commission. The workgroup at that time consists of Commissioners Yamasaki, Hoyne, Yee and Young.

At the February 26, 2020 meeting any commissioner that would like to work on this process were asked to contact Karen Grimsich.

RECOMMENDATION: That the commission have the opportunity to hear an update on what this group has been working on.

That the workgroup has the opportunity to gather input from the Commission about next steps.

8. NEW BUSINESS
8.1 COMMUNITY PROGRAMS IN HUMAN SERVICES – Marisha Engineer
Community Programs Coordinator, Human Services
BACKGROUND: Marisha Engineer is the Community Programs Coordinator for the City of Fremont’s Aging and Family Services Division, where she works with the Afghan Elderly Association (AEA), the Community Ambassador Program for Seniors (CAPS), and the Tri-City Elder Coalition (TCEC). She received her Bachelor’s in Psychology and Master’s in Social Work from the University of Michigan. She has worked as a Medical Social Worker and Case Manager for over 25 years and has been with the City of Fremont for over 15 years.

RECOMMENDATION: That the commission has an opportunity to learn about the three different senior programs in the Human Services Department and have questions answered.

9. COMMISSION REPORTS
   • Facility Sub-Committee – Commissioners Narasimhan, Wasserman, Yamasaki, Yee and Young
   • Community Information and Inclusion– Commissioners Davis and Yee
   • Tri-City Senior Commission Coordination – Commissioners Helmond, Helton and Young
   • Senior Legislation – Commissioner Desai

10. COMMISSION REFERRALS
    None

11. STAFF REPORTS
    11.1 Aging and Family Services – Karen Grimsich, Administrator AFS
    11.2 Senior Center – Aisha Jasper, Senior Center

12. COMMISSION COMMENTS

Adjournment