

FREMONT SENIOR CITIZENS COMMISSION

Minutes

REGULAR MEETING

Friday, July 15, 2016

9:30 – 11:00 am

City of Fremont Senior Center, Wing A

40086 Paseo Padre Pkwy

Fremont, CA 94538

1. CALL TO ORDER

Commissioner Churchill called the meeting to order at 9:30 am

2. ROLL CALL

Present: Commissioners Churchill, Desai, Hobbs, Helton, Mirchandani, Miller, Walsh, Wasserman & Yamasaki

Absent: Commissioners Narasimhan & Rhodes-Jones

Excused: None

3. SALUTE TO THE FLAG

Commissioner Churchill led the salute to the flag

4. APPROVAL OF MINUTES of the Regular Meeting of June 17, 2016

Commissioner Desai made the motion to accept the minutes as presented.
Commissioner Miller seconded the motion.

M/S/P

Yay: Commissioners Desai, Helton, Mirchandani, Miller, Walsh, Wasserman & Yamasaki.

Nay: None

Abstain: Churchill & Hobbs

5. ORAL COMMUNICATIONS

None

6. WRITTEN COMMUNICATIONS

- Senior Update

7. OLD BUSINESS

7.1 Future Speaker on Human Development

Aisha Jasper, Senior Center Manager

- Aisha asked the commissioners if they were still interested in having a speaker talk on Human Development and if so what areas would they like to be presented.
- The Commissioners discussed what areas of Human Development they would like Aisha concentrate on when selecting a speaker.

Commissioner Miller made a motion for Aisha to move forward on obtaining a speaker in this area. Commissioner Hobbs seconded the motion.

M/S/P

Yay: Commissioners Churchill, Desai, Hobbs, Helton, Mirchandani, Miller, Walsh, Wasserman & Yamasaki Miller & Hobbs

Nay: None

Abstain: None

8. NEW BUSINESS

8.1 Fremont's Recycling Programs and Services for Older Adults

Ken Pianin, City of Fremont Solid Waste Manager

- Ken shared information on the City of Fremont Recycling Program as well as detailed information on the Recycling and Transfer Station here in Fremont.

9. COMMISSION REPORTS

9.1 Health Issues/Senior Safety – Commissioners Churchill & Helton

- Commissioner Helton shared information research that has linked people that have Rosacea and the possibility of getting Parkinson's disease.
- Commissioner Churchill shared how dancing helps increase not only your physical agility but also your cognitive ability.

9.2 Senior Legislation – Commissioners Desai & Narasimhan

- Commissioner Desai reminded people of Seniors Night out. He will be collecting money for the raffle basket at the September meeting. Commissioner Churchill will be making the basket.
- Announced that the July 4th parade was a success.
- Commissioner Desai gave information on different legislation impacting seniors, both at the State & Federal level.

Handouts: Status of Senior Legislative Priorities for 2016

10. COMMISSION REFERRALS

- Commissioner Helton gave a brief overview of the initiative that she and Commissioner Rhodes (along with Union City and Newark) are working on around dementia. They requested this be put on the September agenda.

11. STAFF REPORTS

11.1 Senior Center – Aisha Jasper, Manager

- Aisha invited everyone to the Disaster Preparedness Course, Monday – August 8, 10 am – 1pm.
- Aisha gave information about the Fremont Youth Empowerment Program the Self Defense Class and how they are going to be here doing a Self Defense Class for our seniors on Tuesday, July 26 in conjunction with their program.
- Aisha shared that on July 21, Vision Zero 2020 Presentation will be doing a presentation at the Senior Center.

12. COMMISSION COMMENTS

None

Adjournment

There being no further business, the meeting was adjourned at 11:00 am.

Respectfully submitted by Lynn Hood, Recording Secretary