Minutes

FREMONT SENIOR CITIZENS COMMISSION

REGULAR MEETING

Friday, March 26, 2021
9:30 – 11:00 am

1. CALL TO ORDER
   - Chair Commissioner Young called the meeting to order at 9:30 am

2. ROLL CALL
   Present: Commissioners Chapman, Davis, Desai, Hamze, Helton, Hoyne, Narasimhan, Wasserman, Yamasaki, Yee and Young
   Absent: 0
   Excused: Commissioner Helmand

3. SALUTE TO THE FLAG
   - The salute to the flag was said by all that were present.

4. APPROVAL OF MINUTES of the Regular Meeting of February 26, 2021
   - Commissioner Yee made a motion and Commissioner Davis seconded to accept the minutes from the February 26, 2021 Regular Meeting as presented.

   Yays: Commissioners Chapman, Davis, Desai, Hamze, Helton, Hoyne, Narasimhan, Wasserman, Yamasaki, Yee and Young
   Nays: 0
   Abstain: 0

5. ORAL COMMUNICATIONS
   - Commissioner Chapman asked if there was a liaison between the commission and the Fremont Police Department, specifically to discuss hate crimes.
     - Karen Grimsich shared that hate crimes are under the Human Relations Commission’s jurisdiction.
Karen also shared that we have had police officers present at the commission and in the community and we can arrange for a presentation. One of the most popular presentations is on how seniors can reduce the risk of scams.

- Commissioner Young shared that the Asian Coalition has an event scheduled at Lake Elizabeth on March 28. Contact her for more information.

6. WRITTEN COMMUNICATIONS
No written communication

7. OLD BUSINESS
7.1 AGE-FRIENDLY ACTION PLAN – HEALTH AND WELLNESS
Karen Grimsich, Administrator

- Karen Grimsich reviewed the section on Outdoor Spaces and Buildings.
  - In preparation for this meeting, Karen spoke with Suzanne Wolff in Recreation/Community Services. Suzanne W. shared with Karen that they have recently updated the signs in the parks to make them easier to read and understand for all ages. More icons are being used and addresses are more visible for safety reasons (to identify where one is if they need help).
  - Work has been going on to make the sidewalks safer by grinding down uneven pavement.
  - Karen also shared that the Recreation Department is working on creating online story maps. She shared an example of what this is and how it will help with improving the park system in the City.

Encl: City of Fremont Age Friendly Action Plan, Page 7

8. NEW BUSINESS
8.1 REVIEW OF BROWN ACT and ATTENDANCE POLICY FOR COMMISSIONS – Bronwen Lacey, Senior Deputy City Attorney

- Bronwen Lacey shared a Power Point that gave an overview of “What is the Brown Act?” as well as Attendance Policy.
  - Defined different terms that are used in the Brown Act
  - Reviewed “agenda and notice” policy.
Explained how parts of the Brown Act have changed during Covid-19.

Explained how absences when serving on a commission work.

Encl: *Brown Act, Ordinance No. 2351*

*PowerPoint Slides from presentation*

### 8.2 APPOINTMENT OF COMMISSIONER CHAPMAN TO THE ACTION AREAS – Chair, Commissioner Young

- Chair, Commissioner Young appointed Commissioner Chapman to the Action Areas that she has requested to serve on.
  - Health and Wellness
  - Transportation
  - Tri-City Elder Coalition

### 9. COMMISSION REPORTS

- It was announced that the group of commissioners working with Karen on the new Senior Citizens Commission ordinance will do an update report at the April meeting.

### 10. COMMISSION REFERRALS

None

### 11. STAFF REPORTS

11.1 *Aging and Family Services* – Karen Grimsich, Administrator AFS

- Karen shared that Alameda County is starting to work on their Age-Friendly Action Plan as part of the participation on the Age Friendly Network. She also announced that the State of California should be making an announcement that work will join the Age-Friendly Network as a State.
- Shared information on what has been done to date to help people with “digital literacy” using different platforms such as Zoom, ActiveNet, etc. She also gave an update on what has been happening with the 30 Grandpads they are having seniors “test”.

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MINUTES FREMONT SENIOR CENTER COMMISSION REGULAR MEETING
March 26, 2021
11.2 Age Well Center (formally the Senior Center) – Aisha Jasper, Age Well Center at Lake Elizabeth, Manager

- Aisha was not present at the meeting. In her absence, Karen Grimsich shared the amount of income brought in for the Crab Feed and how successful the event was.

12. COMMISSION COMMENTS

- Commissioner Desai shared that he had participated in the Grant Review for DCARA and how interesting it was.

Adjournment
There being no further business, the meeting was adjourned at 10:55 am.

Respectfully submitted by Lynn R Hood, Recording Secretary