Minutes
FREMONT SENIOR CITIZENS COMMISSION
REGULAR MEETING
Friday, May 28, 2021
9:30 – 11:00 am

1. CALL TO ORDER
   • The meeting was called to order at 9:30 am by Chair, Commissioner Young

2. ROLL CALL
   Present: Commissioners Chapman, Davis, Desai, Helmand, Helton, Narasimhan, Wasserman, Yamasaki, Yee and Young
   Absent: Commissioner Hamze
   Excused: None

3. SALUTE TO THE FLAG
   The salute to the flag was said by all those present at the meeting.

4. APPROVAL OF MINUTES of the Regular Meeting of April 23, 2021
   • Commissioner Desai moved and Commissioner Chapman seconded that the minutes from the regular meeting of April 23, 2021 be accepted as presented.
   **Yays:** Commissioners Chapman, Davis, Desai, Helmand, Helton, Narasimhan, Yee and Young
   **Nays:** None
   **Abstain:** Commissioners Wasserman and Yamasaki

5. ORAL COMMUNICATIONS
   • Commissioner Young reported that she had attended the City Council meeting on Tuesday, May 18, 2021 to accept a proclamation for Older American Month.
     o Aisha Jasper read the proclamation to the commissioners.
   • Commissioner Yamasaki shared the process of the Planning Commission agendas. He will email them to Lynn (who will send them to all the
commissioners) two days prior to their next meeting. The link will be provided in the emails for anyone that wishes to attend the meeting.

- Commissioner Chapman shared how she attended a meeting the City of San Diego had about digital divide. She will pass information on to Karen Grimsich.
- Commissioner Chapman shared how she had been in contact with City of Fremont PD about having a dedicated line for older adults and was told this was not possible to do at this time.
- Commissioner Chapman would like a discussion with the commission on adding a “tag line” to the Age Well Center’s names.

6. **WRITTEN COMMUNICATIONS**
   - Age-Friendly Fremont, May 2021
     - Emailed and mailed on May 1, 2021

7. **OLD BUSINESS**
   7.1 **AGE-FRIENDLY ACTION PLAN – Social Participation and Inclusion**
       Karen Grimsich, AFS Administrator

   - Karen reviewed the three goals for this area of the action plan and discussed where each area is at and what still needs to happen to complete each goal.

   _Encl:_ *City of Fremont Age Friendly Action Plan, Page 9*

7.2 **THE SENIOR COMMISSION ORDINANCE**
   Commissioner Yamasaki and Karen Grimsich, AFS Administrator

   - Karen shared how the committee is working on how to blend the language from the original ordinance and from the Age Friendly Action Plan.
   - Draft #2 was shared so the commissioners could see the progress and what changes have been made to date.
   - Lynn will email the draft to everyone so they can review and email their comments to Karen prior to the next committee meeting.
   - Commissioner Yamasaki shared that everyone on the committee supports the language changes and having the document promote that seniors are and can be productive.
8. NEW BUSINESS

8.1 COMMUNITY PROGRAMS IN HUMAN SERVICES – Marisha Engineer
Community Programs Coordinator, Human Services

• Marisha introduced herself and shared information on the 4 programs she supports.
  o Afghan Elderly Association (AEA)
    ▪ Healthy Aging Programs
    ▪ Health Promotion Program
  o Tri-City Elder Coalition
  o CAPS
  o The Village Model
• Marisha gave background on each of the programs and shared where they are now and what upcoming plans are for each group.
• Time for Q & A followed her presentation.

9. COMMISSION REPORTS

• Facility Sub-Committee – Commissioners Narasimhan, Wasserman, Yamasaki, Yee and Young
  o Commissioner Wasserman gave a report from their last meeting in February 2021.
    ▪ Building upgrades at Age Well Center at Lake Elizabeth included painting the entire outside of the building, painting MPR, Wing A, Wing B and Aisha’s office, new floor in Wing A and lobby area, new carpet in the office and lobby.
    ▪ It was also shared that the homeless winter shelter was held in the Teen Center this year.

• Community Information and Inclusion – Commissioners Davis and Yee
  o Commissioner Davis shared about the Tri-City Voice box outside the Age Well Center.
  o It was shared how Commissioners Davis and Yee have been reaching out to local churches to be sure they are receiving the Age Friendly Fremont Newsletter.
  o The Discovery Shop Manager has agreed to have the newsletters inside their store for people to take.

• Tri-City Senior Commission Coordination – Commissioners Helmond, Helton and Young
  o Commissioner Helton shared that she is hoping to be in contact with the
Newark and Union City Commissions after things are opened up.

- **Senior Legislation** – Commissioner Desai
  - Commissioner Desai reviewed and gave updates on the different bills that are in legislation right now.
  - A reminder was given to be sure to complete and pass along the county survey about “getting connected and ending the digital divide”

10. COMMISSION REFERRALS
   None

11. STAFF REPORTS
   11.1 Aging and Family Services – Karen Grimsich, Administrator AFS
   - Karen gave an update on the reopening plans for the Age Well Center at Lake Elizabeth.
   - Karen shared that job announcements are being posted for the positions they need to fill at the Age Well Center at South Fremont.
   - Karen will be absent from the next meeting due to knee replacement surgery.

   11.2 Senior Center – Aisha Jasper, Senior Center
   - Aisha shared about the upcoming dance being held at the Palm Pavilions
   - Reviewed what is happening with classes right now and plans for after the center is open again.
   - Aisha announced that the meal program and grocery pickup will be changing starting in July
   - It was also announced that membership is starting in June. Membership will be good for 18 months due to us being closed during the pandemic.
     - Rates for membership will go up on July 1.

12. COMMISSION COMMENTS

Adjournment
There being no further business, the meeting was adjourned at 11:02 am

Respectfully submitted by Lynn R Hood, Recording Secretary