

Minutes

FREMONT SENIOR CITIZENS COMMISSION

REGULAR MEETING

Pursuant to State of California Executive Order N-29-20 dated March 17, 2020, regarding the COVID-19 pandemic, the Senior Center was not open for the May 22, 2020 meeting of the Senior Citizens Commission. The meeting was conducted remotely via video/teleconference. The Public were able to watch and/or participate in the public meeting by joining the meeting through the ZOOM Meeting Videoconference by a link provided prior to the meeting. The public also was able to join the meeting by calling a teleconference phone number, also provided prior to the meeting.

Friday, June 26, 2020

9:30 – 11:00 am

1. CALL TO ORDER

The meeting was called to order by Commissioner Young, Chair at 9:30 am.

2. ROLL CALL

Present: Commissioners Davis, Desai, Hamze, Helmand, Helton, Hoyne, Narasimhan, Wasserman, Yamasaki, Yee and Young

Absent: None

Excused: None

3. SALUTE TO THE FLAG

Those present said the salute to the flag

4. APPROVAL OF MINUTES of the Regular Meeting of May 22, 2020

- Commissioner Desai moved that the minutes from the regular meeting held on May 22, 2020 be accepted as presented.

- Commissioner Davis seconded the motion.

M/S/P

Yays: Commissioners Davis, Desai, Hamze, Helmand, Helton, Hoyne, Narasimhan, Wasserman, Yamasaki, Yee and Young

Nays: None

Abstain: None

5. ORAL COMMUNICATIONS

There was no oral communication

6. WRITTEN COMMUNICATIONS

- The resignation of Commissioner Schneider was read to all the commissioners.

7. OLD BUSINESS

7.1 SPRING FLING UPDATE – Karen Grimsich, AFS Administrator

- Karen Grimsich gave an update on the Spring Fling “un-event”.
- Karen shared the article from the Tri-City Voice for the Difference Maker Awards.
- Aisha shared information on the different emails and Facebook posts that will be done for each recipient of the Difference Maker Award.

8. NEW BUSINESS

8.1 LIFE ELDERCARE – Deepa Chordiva, Outreach Manager

- Deepa shared a PowerPoint presentation explaining what Life ElderCare, does both prior to and after Covid-19, to help older adults in the Tri-City area.
- Following the presentation, there was time for questions and answers.

8.2 WORLD HEALTH ORGANIZATION (WHO) and AARP AGE-FRIENDLY ACTION PLAN DRAFT – Karen Grimsich, AFS

Administrator

- Karen outlined the history of this program that started in 2017.
- Karen shared the draft report of the Action Plan that has been developed due to all the Focus Groups, etc.
- The commissioners were all asked to review the booklet, mark it up and send their comments to Karen.
- Karen shared that she would like to have a smaller group of commissioners that will work with her on finalizing the document prior to presenting it to City Council.
 - Commissioner Young, Chair appointed the following committee to work with Karen.
 - Commissioners Davis, Narasimhan, Wasserman, Yamasaki and Young.
- Karen shared some information from the booklet as well as the 2020/21 Action Steps in each domain.

- It was decided that there would be a standing agenda item that will concentrate on each domain in the program.

8.3 SENIOR CITIZENS COMMISSION CODE REVIEW –

Commissioner Young, Chair

- Commissioner Young, Chair shared the overview that is on the City Website. She then opened up the floor for comments from the commissioners.
- Commissioner Yamasaki felt that it is very passive rather than touching on what the commissioners can actually do.
 - Discussion was held between the staff and commission.
 - Suzanne Shenfil reminded the commissioners that this document was created almost 40 years ago and that she agrees it is time to review and redo it to make it more action oriented. She felt it should also include the Age-Friendly in the process.
- It was decided that a work-group needs to work with Karen on creating a new overview as well as a Mission Statement.
- Commissioner Young, Chair appointed the committee and asked Commissioner Yamasaki if he would head up the committee.
 - Members of the committee are Commissioner Hoyne, Yamasaki and Young.

Attachments:

- *Letter from Commissioner Yamasaki*
- *Municipal Code*
- *Senior Citizens Commission Purpose as stated on the City website*

9. COMMISSION REPORTS

9.1 Health Issues – Commissioner Helton and Commissioner Hoyne

- No report was given.

9.2 Planning Commission Committee –

- No report was given.

9.3 Senior Legislation – Commissioner Desai

- No report was given.

9.4 Tri-City Elder Coalition – Commissioner Young, Chair

- Commissioner Young, Chair gave a brief overview.

10. COMMISSION REFERRALS

None at this time

11. STAFF REPORTS

11.1 Aging and Family Services – Karen Grimsich, Administrator AFS

- Karen shared that AARP reported that there 500 Age-Friendly communities in the United States.
- The Human Services Department is continuing to serve clients. Karen gave a brief overview of how this is being accomplished.
- At this time, there is no date for the opening of the new center in South Fremont.

11.2 Senior Center – Aisha Jasper, Senior Center Manager

- Aisha shared the Age Friendly newsletter with the commissioners.
- Aisha announced that there will be a virtual Grief and Anxiety Talk with Nita Prasad, AFS Clinical Supervisor, HSO-Aging & Family Services.
- Other Zoom talks (i.e HICAP, Advanced Care Directive, etc) will be on the schedule in the future.
- The Senior Center Zoom classes are well attended. More classes are added as instructors are found.
- Aisha shared the numerous ways that the Senior Center has continued providing services to the community even though the center remains closed to the public.

12. COMMISSION COMMENTS

- Commissioner Desai announced that VITA will be doing taxes with appointments only.

ADJOURNMENT

There being no further business, Commissioner Young, Chair thanked everyone for attending the meeting via Zoom and the meeting was adjourned at 10:50 am.

Respectfully Submitted by Lynn R Hood, Recording Secretary