

# Minutes

## FREMONT SENIOR CITIZENS COMMISSION

### REGULAR MEETING

Friday, September 25, 2020

9:30 – 11:00 am

1. **CALL TO ORDER**

- The meeting was called to order by Vice-Chair, Commissioner Desai at 9:33 am.

2. **ROLL CALL**

**Present:** Commissioners Davis, Desai, Hamze, Helmand, Helton, Hoyne, Narasimhan, Wasserman, Yamasaki, Yee and Young

**Absent:** None

**Excused:** None

There is a quorum for this meeting.

3. **SALUTE TO THE FLAG**

- All those present said the salute to the flag.

4. **APPROVAL OF MINUTES** of the Regular Meeting of June 26, 2020

- Commissioner Hoyne moved and Commissioner Narasimhan seconded to accept the minutes from the regular meeting on June 26, 2020 as presented.

*M/S/P*

**Yays:** Commissioners Davis, Desai, Hamze, Helmand, Helton, Hoyne, Narasimhan, Wasserman, Yamasaki, Yee and Young

**Nays:** None

**Abstain:** None

5. **ORAL COMMUNICATIONS**

- Commissioner Hamze shared her concern about the uneven sidewalks in Fremont.
- Suzanne Shefil, Human Services Director asked her to email either Aisha Jasper, Senior Center Manager or Karen Grimsich, Administrator of Aging

and Family Services, the details so the sidewalk repair people could be contacted.

## **6. WRITTEN COMMUNICATIONS**

- Email from Commissioner Hoyne withdrawing from the committee that attends the Planning Commission meetings was shared.

## **7. OLD BUSINESS**

### **7.1 WORLD HEALTH ORGANIZATION (WHO) AND AARP AGE-FRIENDLY ACTION PLAN UPDATE**

Karen Grimsich, Administrator

- Karen shared the updated document with the commissioners.
- Questions from the commissioners.
- Commissioner Young shared how the team working with Karen has thought about the distribution of the document.
  - Karen shared that the document will also be posted County, Statewide, Nationally and Internationally.
- There was some discussion on how to fund the printing of the document.
- Karen discussed presentation ideas for when it is presented to the City Council on October 20.
  - The outline with the steps for the presentation was shared
- Karen will send a PP prior to the council presentation for the commissioners to see.

### **7.2 SENIOR CITIZENS COMMISSION CODE REVIEW –**

Commissioner Yamasaki

- It was shared that the team working with Karen on this have not yet met, but a meeting will be set up for the near future.

## **8. NEW BUSINESS**

### **8.1 – THE HOUSING NAVIGATION CENTER OPENING – Suzanne Shenfil, Director of Human Services**

- Suzanne gave a brief overview of the Housing Navigation Center.
- A video tour of the center was shared with the commissioners.

- Details on when the centers first residents will move in, how many, etc. were shared.
- Suzanne gave an overview of what has been happening with the homeless up until now, especially with the onset of Covid-19.
- Questions and Answers.

## **8.2 Action Area/Planning Commission - Commissioner Young, Chair**

- Commissioner Young raised the question if the commission felt it was necessary to attend the Planning Commission meetings each month.
- It was discussed that one option may be a possible rotating schedule between the commissioners to enable the seniors in the community to be represented at the meeting.
- This will be discussed further at the October meeting.

## **9. COMMISSION REPORTS**

### **9.1 Health Issues – Commissioner Helton**

- Commissioner Helton shared information on the alarms people can wear to contact emergency personnel if needed.
- Commissioner Desai said he would email Lynn a list of companies that provide these alarms to share with the commissioners.

### **9.2 Para Transit – Commissioners Hamze & Yamasaki**

No Report

### **9.3 Planning Commission Committee – Vacant**

### **9.4 Senior Legislation – Commissioner Desai**

- Commissioner Desai walked through the different bills on the handout the commissioners had received in their agenda packet.

### **9.5 Tri-City Senior Commission Coordination – Commissioners Helm, Helton, Hoyne and Young**

No Report

### **9.6 Tri-City Elder Coalition – Commissioners Desai, Wasserman, Yee and Young**

No Report

## **10. COMMISSION REFERRALS**

None

## **11. STAFF REPORTS**

### **11.1 Aging and Family Services – Karen Grimsich, Administrator AFS**

- Karen discussed her concerns about “Technology Inclusion” especially during the pandemic.
- One solution the HS dept. is looking at is the Grandpad. 30 devices have been ordered and they will be looking at how to distribute them for seniors to “try and review”.
- Commissioner Desai volunteered to work with Karen on this project.

### **11.2 Senior Center – Aisha Jasper, Senior Center Manager**

- Aisha Jasper shared information on different activities & classes that have been happening and are coming up with the Senior Center.
- She shared how the 40<sup>th</sup> Anniversary Parade turned out.
- Aisha introduced a guest attending the meeting, Katherine Kelly from On Lok.
  - Katherine introduced herself and shared some information about a virtual event being held on October 6, 2020.

## **12. COMMISSION COMMENTS**

None

## **ADJOURNMENT**

There being no further business, the meeting was adjourned at 11:16am.

*Respectfully submitted by Lynn R Hood, Recording Secretary*