

**MINUTES**  
**FREMONT SENIOR CITIZENS COMMISSION**

**REGULAR MEETING**

**Friday, October 23, 2020**

**9:30 – 11:00 am**

**1. CALL TO ORDER**

- The meeting was called to order at 9:30 am by Vice-Chair, Commissioner Desai

**2. ROLL CALL**

**PRESENT:** Commissioners Davis, Desai, Hamze, Helmand, Helton, Hoyne, Narsimhan, Wasserman, Yamasaki, Yee and Young

**ABSENT:** None

**EXCUSED:** None

**3. SALUTE TO THE FLAG**

All those attending the meeting stood and said the Salute to the Flag.

**4. APPROVAL OF MINUTES of the Regular Meeting of September 25, 2020**

- Commissioner Yamasaki moved and Commissioner Davis seconded to accept the minutes from the Regular Meeting of September 25, 2020 as presented.

**YAYS:** Commissioners Davis, Desai, Hamze, Helmand, Helton, Hoyne, Narsimhan, Wasserman, Yamasaki, Yee and Young

**NAYS:** None

**ABSTAIN:** None

**5. ORAL COMMUNICATIONS**

- Commissioner Desai asked is there were any dates set for the opening of the Senior Center in South Fremont.
  - Karen said that right now they are looking at opening both centers at the same time, but there are no solid dates yet. Hopeful that this can happen in March or April if it is allowed.
- Commissioner asked about AARP doing taxes this year.
  - It was decided that Aisha and Commissioner Desai will talk offline.

**6. WRITTEN COMMUNICATIONS**

None

**7. OLD BUSINESS**

**7.1 WORLD HEALTH ORGANIZATION (WHO) AND AARP  
AGE-FRIENDLY ACTION PLAN UPDATE**

Karen Grimsich, Administrator

- Karen shared about the presentation to the City Council.
- Karen announced that the plan was approved by City Council.
- Commissioner Young shared that the Council was very pleased with the presentation and they received a lot of positive comments.
- Karen then shared the Policy Recommendations for Fremont (page 10 of meeting pdf) and asked if there were any thoughts or impressions. There were none at this time, so the commissioners were advised to send any comments to Karen via email.
- Suzanne Shenfil asked what the plans are for distribution and Karen shared that it will be posted in Geneva, AARP (both National and State), Alameda County. It will also be distributed electronically, posted on Social Media and some will be printed.

**7.2 SENIOR CITIZENS COMMISSION CODE REVIEW –**

Commissioner Yamasaki

- Commissioner Yamasaki shared that the committee met with Karen and then shared highlights of that meeting.
- Karen reviewed the Current Strategies part of the document.
- There was discussion among commissioners.
- Karen stated that this is just the beginning of the discussion.
- The commissioners were told that if anyone wants to join this committee they should contact Karen.
- The document as it stands at this meeting will be included in the agenda packet for the November 20, 2020 meeting.

### **7.3 ACTION AREAS – Chair – Commissioner Young**

- It was decided to put this item on hold until things return somewhat back to normal

## **8. NEW BUSINESS**

### **8.1 Digital Inclusion – Karen Grimsich, Administrator Aging and Family Services**

- Karen shared the concern that there is digital inclusion happening especially right now when so much is being done via email, Zoom, social media etc. There are those that do not have access to this and so are not getting the same information and opportunities as those that do have access.
- Karen talked about the survey that was sent out to see exactly where people are at with this.
- Karen shared the results of the survey with the commissioners.
- The question was asked as to where to go from here and different possibilities were presented and discussed.

## **9. COMMISSION REPORTS**

### **9.1 Facility Subcommittee – Commissioners Narasimhan, Wasserman, Yamasaki, Yee and Young**

No report was given

### **9.2 Planning Commission Committee No Report this month**

### **9.3 Senior Legislation – Commissioner Desai No report was given**

## **10. COMMISSION REFERRALS**

None

## **11. STAFF REPORTS**

### **11.1 Aging and Family Services – Karen Grimsich, Administrator AFS**

- Karen shared information about the new data base for health that the Human Services Department is getting ready to start using.

### **11.2 Senior Center – Aisha Jasper, Senior Center Manager**

- Aisha reached out the commissioners and asked if they would be willing to help collect data from other senior centers in the bay area. She asked anyone that is interested in helping with this to contact her.
- The survey that Karen discussed in 8.1 will also be distributed by mail, handed out with meal pickup and sent out via email to all those that are on our different email lists.
- Aisha reviewed the October newsletter and shared that it is going to start being mailed out to those that cannot access it electronically as well as organizations in the Tri-City Area.
- Shared about the services that are still being utilized at the center.
- Aisha talked the re-branding process that is happening with the name change.
- Aisha shared that the monthly newsletter will be translated into Mandarin and posted on the website and Facebook each month.

## **12. COMMISSION COMMENTS**

### **ADJOURNMENT**

There being no further business, the meeting was adjourned at 11:06 am

Respectfully submitted by Lynn Hood, Recording Secretary