



HYGIENE AND MEAL SERVICES SCHEDULE

Updated on June 25, 2021



MONDAY

7.00am—11.00am

Breakfast To-Go (7am—9am), Showers and Laundry (7.30am—11.00am)
Irvington Presbyterian, 4181 Irvington Ave

1.00pm—4.00pm

Showers and Laundry
Niles Discovery Church, 36600 Niles Blvd

TUESDAY

9.00am—12.00pm

Showers and Laundry
Newark Salvation Army, 36700 Newark Blvd, Newark

3.30pm—6.00pm

Dinner To-Go, Showers, Laundry and Abode Services' HOPE Van
Centerville Presbyterian Church, 4360 Central Ave

WEDNESDAY

7.00am—11.00am

Breakfast To-Go (7am—9am), Showers and Laundry (7.30am—11.00am)
and Abode Services' HOPE Van (8am—10am)
Irvington Presbyterian, 4181 Irvington Ave

1.00pm—4.00pm

Showers and Laundry
Niles Discovery Church, 36600 Niles Blvd

THURSDAY

10.30am—1.30pm

Showers and Laundry
Teen Center, 39770 Paseo Padre Pkwy

3.30pm—6.00pm

Showers, Laundry and Abode Services' HOPE Van
Centerville Presbyterian Church, 4360 Central Ave

FRIDAY

7.00am—9.00am

Breakfast To-Go
Irvington Presbyterian, 4181 Irvington Ave

10.30am—1.30pm

Showers and Laundry
The Age Well Center at Lake Elizabeth, 40086 Paseo Padre Pkwy

4.00pm—7.00pm

Dinner To-Go, Showers and Laundry
Our Lady of the Rosary, 703 C Street, Union City

SATURDAY

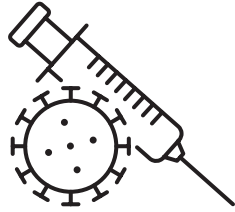
10.00am—11.00am

Meal Distribution
Holy Spirit Church, 37588 Fremont Blvd

ADDITIONAL SERVICES

BACS Wellness Center, 40965 Grimmer Blvd. Call 510.657.7425 to reserve shower, they also have Lunch To-Go Mon—Fri 8am—4.30pm.

TIPS TO TAKE CARE



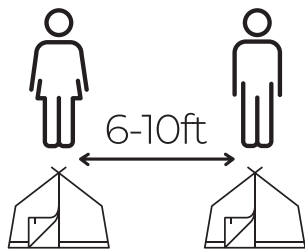
Get vaccinated when you have the opportunity



Wear a mask, covering your nose and mouth when near others



Discard debris into dumpster and bags



Keep a 6ft–10ft distance between people and tents



Wash your hands frequently with soap and water for 20 seconds